

ShaRK 400m 2026: Session: 2: Startlist per athlete for TEAM: LGN

Coachinfo: Warming up from: 17:05 untill 18:10. Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Gitsels Els HEADCOACH

PB => Personal Best time

Athlete: JORISSEN FINN

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 13+	7	10	5	04:48.75	04:51.20	20:15

Athlete: RENOUARD MAEL

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE MEN 13+	7	7	2	05:14.36	05:20.98	20:00

Athlete: STAS LORANE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 13+	6	10	3	04:35.96	04:39.35	19:10

Athlete: VAN HOVE PAULINE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
400M FREESTYLE WOMEN 13+	6	10	1	04:51.89	04:44.97	19:10